

This booklet is part of a range of publications offered to parents to support them. Please do not hesitate to talk to a member of staff if you would like further guidance or support.



**Booklets in this range:**

1. Tips on good listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips to try when you are asking your child to do something.
6. How to deal with difficult situations.
7. Tips on dealing with anger.
8. Tips on dealing with dishonesty.
9. Tips on dealing with tantrums.
10. How to help children make better choices



## Parent Survival Guides

No. 6

How to deal with difficult situations



Loving, learning, growing together with Jesus

1 Try to sort things out away from other people.



Jack, can I see you for a second?

Ask your child to come in a pleasant and firm voice, leave the room yourself and the child will usually follow

2 Say it with a word. If we nag, preach or put our children down, they resent it and we may give them a low opinion of themselves. Instead, if the child does not seem to hear, try saying it again with just a word. Talk firmly to show you mean business.

3 Say it with a note. If the problem keeps occurring, try saying it with a note pinned to an item.



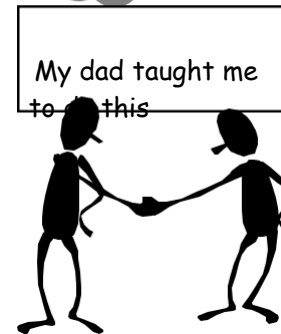
Hang me up!, Thanks

4 Wait until your child has calmed down, then reason with them



Its harder to sort things out with a cross child. Suggest you both need time to talk

5 Say "Sorry" when you get things wrong.



You don't have to win. When you say "Sorry" you will be teaching your child to sort problems out, that it's okay to make mistakes and how to get on in the world

6 Give your child a way out.



Come on let's make a start on these toys together