

one

Three choice menu

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available. @denotes a healthy choice meal.

Monday

Sausage and mash with peas and gravy

- Weggie sausage and mash with peas and gravy (v)
- Cheese (v) / tuna / beans (v) jacket potato Apple crumble and custard

Cottage pie with veg and gravy

- Quorn cottage pie with veg and gravy (v)
- Read Cheese (v) / tuna / beans (v) jacket potato

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Sulphur Dioxide/Sulphites

Fruit flapjack

- Mince and onion pie with mash, gravy and peas
- Riri piri quorn fillet with rice and peas (v)
- Cheese (v) / tuna / beans (v) jacket potato

Cookie

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya, Celery. May contain:

Tuesday

Scouse with crusty bread and cabbage/beetroot

- Quorn (v) dippers with herby potatoes and sweetcorn
- & Leek and potato soup (v)
- ₹ Tuna / cheese (v) / ham / egg (v) filled roll Butterfly cake

Contains: Cereals containing Gluten, Eggs, Milk, Soya, Mustard, Fish. May contain: Sesame Seeds

Hunters chicken with mediterranean cous cous

- **W** Veggie quiche with mediteranean cous cous (v)
- **Tomato** and basil soup
- Tuna / cheese (v) / ham / egg (v) filled roll

Cherry Crumble & Custard

Scrambled egg with hash brown, beans, mushrooms and bacon OR sausage

Scrambled egg with quorn sausage, hash brown and beans (v) Cream of chicken soup

Representation of the transfer egg (v) filled roll Sponge pudding and custard

Wednesday

Chilli and rice with nachos

- **W** Vegetarian lasagne and salad (v)
- Cheese (v) / tuna / beans (v) iacket potato

Brownie and ice cream

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya. May contain: Celery.

Salmon and brocolli pasta bake

Quorn pieces tikka masala with rice and naan (v)

Real Cheese (v) / tuna / beans (v) jacket potato

Lemon sponge

ntains: Milk, Eggs, Mustard, Fish, Sulphur Dioxid and Sulphites, Celery. May contain: Sesame.

Chicken curry with rice and naan bread

- **Weggie** burger with herby potatoes and beans (v)
- Cheese (v) / tuna / beans (v) jacket potato

Ice cream and fruit

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Celery.

Thursday

Roast chicken with roast potatoes, carrots and gravy

Chinese 5 Spice guorn fillet with twister fries and peas (v)

Cream of chicken soup

Tuna / cheese (v) / ham / egg (v) panini Cheesecake

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten. May contain: Sesame, Soya

Roast beef with mash, veg. Yorkshire pudding and gravy

- Wegetable pasta bake (v)
 - Minestrone soup
- Tuna / cheese (v) / ham / egg (v) panini Jelly and fruit

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten. May contain: Celery, Sesar

- Roast gammon and roast potatoes, veg and gravy
 - Mac and cheese with garlic bread (v)
 - & Leek and potato soup
- ₹ Tuna / cheese (v) / ham / egg (v) panini Apple pie and custard

Friday

Fish fillet with chips and peas

- Weggie korma with rice and naan (v)
- Cheese (v) / tuna / beans (v) jacket potato

Contains: Milk, Eggs, Mustard, Fish, Cereals containing Gluten, Soya. May contain: Celery.

Fish fingers with chips and peas

Cheese pie with chips and peas (v)

Cheese (v) / tuna / beans (v) jacket potato

Frozen yoghurt

Contains: Milk, Eggs, Mustard, Fish, Celery, Cereals containing Gluten. May contain: Soya

- Rish stars with wedges and peas
- Veggie pizza with wedges and beans (v)
- Cheese (v) / tuna / beans (v) jacket potato

Trifle

containing Gluten, Celery, Soya.

Fruit sponge and custard

MTWTFSS

10 11 12 13 14 15 16 17 18 19 20 21 22 23

February 2025

November 2024 MTWTFSS

December 2024

MTWTFSS

10 11 12 13 14 15 17 18 19 20 21 22 23 24 25 26 27 28 29

January 2025

MTWTFSS

1 2 3 4 5

21 22 23 24 25 26

30 31

20 21 22 23 24

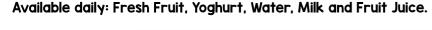
March 2025

MTWTFSS 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

April 2025

MTWTFSS 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30







Week three





































