

St Margaret Mary's Medium Term Planning

Subject: RSHE Topic: We are a team. Friendship.		Year group: 3 Term: Autumn
<p>Prior learning for RSHE: Key Stage 1 RSHE. Links to Come and See. Transition activities done between schools</p>		
<p>Main focus of the PSHE unit: Transition to new school. To develop understanding of working together as a team. Friendship.</p>		
<p>Main focus of the RSE unit: To understand what makes a good friend.</p>		
Key Objectives	Vocabulary	Lesson sequence:
<p>1) To think and talk about changes and how they might make me feel</p> <p>(PSHE LESSON 1)</p>	<p>Change resilience Feelings</p>	<p>1. Discuss how the children felt the first time they came to the junior school and how they feel now. How have they settled? What routines do they now know? Link to Come and See topics on homes - school is your home too. We are your school family.</p> <p>2. Share how our feelings change when we are faced with new situations. Children record how change has affected them on the activity sheet provided.</p> <p>3. Conclude by sharing what children have written - introduce the term resilience to the children.</p>
<p>2) To describe and give reasons how friendships make us feel happy and safe</p> <p>(RSE LESSON 1)</p>	<p>God Community Belonging Family Father/mother Carer/guardian Feelings Emotions Friends Changing Difference Lonely Alone Forgiving</p>	<p>New Journey in Love slide 1-6 slides 1-5 - discuss the words shared on the slides Share the WALT on slide 6 Answer the questions on slide 7</p> <p><u>Task</u> Discuss the following questions further. What makes a good friend? (one word answer) Give the children a post-it note and ask them to record their answers. Look at the list of words - what do they all mean? Why are they important? Rank the words in order of importance. How can we be better friends? As a class on IWB make a friendship promise of how we could be a better friend to people</p> <p>Individual Task - children to complete 'Friendship is Friendship is not..... Sheet' and give reasons for their answers. New Journey in Love page 30. Highers to write sentences / Loweres to draw pictures</p>

<p>3) To explain how and why we should work well as a team</p> <p>PSHE LESSON 2</p>	<p>Team work Conflict Resolution collaborate Responsibility rules</p>	<p>1.Recap the word resilience from the last lesson and what it means 2. Children work on what they think makes a good team on sticky notes and why teamwork is good. Share these with the class. children to then order themselves - see what worked well 3. Conduct role plays about teamwork - drama - take pictures for their book. Choose a word</p>
<p>4) To describe how individual behaviour can affect a team</p> <p>PSHE LESSON 3</p>	<p>Team work Collaborate</p>	<p>1.Recap important skills of working as a team from last time 2. Show the children examples of different teams and how they work together. Discuss as a class. Mention our new Come and See topic is promises and how we may need to make certain promises to be a part of the team/community 3. Children to complete tasks working as a team with a partner. Take a picture.</p>
<p>5) To learn how to read the emotions of others in order to work better as a team</p> <p>PSHE LESSON 4</p>	<p>Team work facial expression Feelings considerate body language</p>	<p>1. Discuss from previous lessons - positive and negative emotions from team work 2. Children to play games of reading emotions - both positively and negatively - learn how to read facial expression, body posture and body language 3. Discuss importance of reading emotions of people 3. Children play the same game in pairs. take pictures for their book. Link to journey in love - how reading emotions can enable children to become a better friend.</p>
<p>6) Explore the sacrament of marriage as an expression of love (New Journey in Love p29).</p> <p>RSE LESSON 2</p>	<p>God Community Belonging Family Father/mother Carer/guardian Feelings Emotions Friends Changing Difference Lonely Alone Forgiving</p>	<p>Page 31-New Journey in Love Pause and reflect Say a prayer for our friends.</p>
<p>7) To describe why conflict and disputes may happen and ways to resolve them</p>	<p>team work Conflict Resolution Feelings</p>	<p>1.Recap prior learning about what a facial expression and body language are. Children demonstrate emotions</p>

<p>PSHE LESSON 5</p>	<p>disputes</p>	<p>2. Children debate who should get involved in conflicts and disputes in school. Learn how to get out of these</p> <p>3. Look at dispute cards and resolve through drawing a successful resolution.</p> <p>Debate WHO should get involved in conflict in school. End by reminding children we are going into advent and the meaning of advent. Read short scripture extract. Isaiah 40:1-5 - linked to visitors Come and See Topic</p>
<p>8) To be able to recognise how I have changed physically</p> <p>RSE LESSON 3</p>	<p>God</p> <p>Community</p> <p>Belonging</p> <p>Family</p> <p>Father/mother</p> <p>Carer/guardian</p> <p>Feelings</p> <p>Emotions</p> <p>Friends</p> <p>Changing</p> <p>Difference</p> <p>Lonely</p> <p>Alone</p> <p>Forgiving</p>	<p>(Prior to lessons ask children to print pictures of themselves from newborn to current day). Old Journey in Love slides 1- 8</p> <p>Who takes care of me? Chn to list all of the people who look after us - why / how do they look after us? How do I look after myself?</p> <p>How have I changed? Quickly share the pics showing from a newborn to 8 years old (on slide 7). Remove the slide and give the children a copy of the pictures and with a partner and ask them to put them in order. If the children have brought pictures in of themselves then allow the children to order their pictures. Discuss with the children what the changes are in each picture.</p> <p>Social aspect - How do I keep safe? Say a prayer for all of those who look after us. (Old Journey in Love -page 24)</p>
<p>9) To talk about my responsibilities towards my team</p> <p>PSHE LESSON 6</p>	<p>Team work</p> <p>change</p> <p>Conflict</p> <p>resilience</p> <p>Resolution</p> <p>Empathy</p> <p>Responsibility</p> <p>rules</p> <p>considerate</p> <p>facial expression</p> <p>body language</p>	<p>1. Recap the previous lessons - looking at new vocabulary learned</p> <p>2. Introduce the new term responsibility and discuss how it is everyone's responsibility to be a team</p> <p>3. Create a poster including key vocabulary displayed how we should work together in school</p>