

St Margaret Mary's Medium Term Planning

Subject: RSHE PSHE Topic: Let's Work together RSE Topic: God loves me in my changing and development		Year group: 5 Term: Autumn
<p>Prior learning for PSHE: links to RE. Year 4 topic -this topic builds upon work done in year 3 and 4 about working together at the start of the year to form good relationships and developing further about how our bodies change as we grow older.</p> <p>Prior learning for RSE: In Year 4, the children had the opportunity to look at how God has made each of us different.</p>		
<p>Main focus of the PSHE unit: The focus is on looking at ways in which we work with others - collaboratively, with compromise and with care. towards an understanding that working well with others gives better results and leaves everybody happier.</p> <p>Main focus of the RSE unit: The focus is understanding that as we grow older our bodies change.</p>		
Key Objectives	Vocabulary	Lesson sequence:
Autumn 1 (2 RSE / 3 PSHE)		
<p>1.WALT: To understand the attributes of a good team</p> <p>PSHE LESSON 1</p>	<p>team</p> <p>teamwork</p> <p>togetherness</p> <p>collaborative</p> <p>compromise</p> <p>respect</p> <p>attributes</p>	<ol style="list-style-type: none"> 1. Children to think for a moment about what the word team means to them 2. Children to talk about teams that they admire and share what team it is and why they admire it - could be done in a circle 3. Children work on attributes that they believe are needed to be able to work together as a team. Share these and discuss which they have and which they would like to develop further as a personal target. Colossians 3:10-11 - draw children to their first Come and See topic called" ourselves" and share the scripture reading with the children.
<p>2.WALT: to be able to recognise how I have changed physically</p> <p>RSE LESSON 1</p>	<p>God</p> <p>Sensitivity</p> <p>Puberty</p> <p>Presence</p> <p>Celebrate</p> <p>External</p> <p>Internal</p> <p>Change</p> <p>Develop</p>	<p>New Journey in Love Slides 1-19</p> <p>Prior to lesson, Email parents to ask children to bring in a baby photo of themselves (copy if possible that we can use in work)</p> <p>Introduce topic - <u>God loves me in my changing and development</u></p> <ol style="list-style-type: none"> 1) Introduce topics and key words to be looked at over the week. <p>Activity: create a class mind map which includes keywords from each of the stages of development.</p>

	Ovulation	
<p>3.WALT: to accept that people have different opinions. to know that it is okay to politely disagree with others and offer an opinion</p> <p>PSHE LESSON 2</p>	<p>team</p> <p>teamwork</p> <p>citizen</p> <p>togetherness</p> <p>collaborative</p> <p>compromise</p> <p>respect</p> <p>opinions</p> <p>communicate</p>	<ol style="list-style-type: none"> 1. Recap what attributes make teamwork - children to talk about 3 they have and how they are getting on with their own personal target 2. Share with the children ways in which we can respectfully disagree with others without causing an argument and major conflict 3. Children look at role play scenarios and work through ways to speak correctly to each other. Take pictures for books. remind children if they have difficulties to pray to God. Share scripture reading from Come and See topic - "ourselves". Philippians 4: 4-9. Link to Journey in Love - recognise how I have changed physically.
<p>4.WALT: to be able to recognise how I have changed physically</p> <p>RSE LESSON 2</p>	<p>God</p> <p>Sensitivity</p> <p>Puberty</p> <p>Presence</p> <p>Celebrate</p> <p>External</p> <p>Internal</p> <p>Change</p> <p>Develop</p> <p>Ovulation</p>	<p>Invite the children to have a look at their picture from when they were younger and write down the changes that they see</p> <p>Talk through powerpoint and discuss changes over their lives so far, and then discuss that their bodies will change more as they grow.</p> <p>Activity:</p> <p>Greens - Write simple physical changes between them as a baby and them now</p> <p>Red- Write a paragraph discussing the physical changes that have taken place through their life</p> <p>Blue - Write a paragraph discussing the physical and emotional changes that have taken place through their life.</p> <p>Plenary - New Journey in Love book page 49</p> <p>Pause and reflect prayer.</p>
<p>5. WALT: to understand the benefits of working collaboratively</p> <p>PSHE LESSON 3</p>	<p>team</p> <p>teamwork</p> <p>citizen</p> <p>togetherness</p> <p>collaborative</p> <p>compromise</p>	<ol style="list-style-type: none"> 1. Children to recap ways to respectfully disagree with others 2. introduce the word collaborative/collaboration to the children - explaining what it means. draw children's attention to the image used in the Explore part of their Come and See topic "Life Choices", "luncheon of the boating party" - by Renoir - look at how the images in the photograph are

	<p>respect</p> <p>consequences</p> <p>responsibility</p> <p>sensitive</p> <p>courtesy</p>	<p>collaborating. Analyse ways to work collaboratively and benefits</p> <p>3. Children to work in pairs to produce a poem/rap or song about collaboration - use a sheet to support this. Perform (explain children who haven't can next session)</p>
Autumn 2 (1 RSE/ 3 PSHE)		
<p>4.To learn how to compromise to ensure that a task is completed</p> <p>PSHE LESSON 4</p>	<p>teamwork</p> <p>togetherness</p> <p>collaborative</p> <p>compromise</p> <p>respect</p> <p>consequences</p> <p>responsibility</p>	<p>1. Allow anybody who didn't perform last lesson - to be given an opportunity to</p> <p>2. introduce the word compromise - discuss importance of compromise. Discuss a situation where 20 adults have to choose a holiday in 3 minutes - what could go right, what could go wrong? what would need to happen?</p> <p>3. Work on a sheet with 3 scenarios to think about how compromises could be met. Complete the lesson linking to Come and See topic - Life Choices and ask the children what compromises a married couple may need to make in their relationship.</p>
<p>5.To reflect on the need to care for others in a team</p> <p>PSHE LESSON 5</p>	<p>team</p> <p>teamwork</p> <p>togetherness</p> <p>collaborative</p> <p>respect</p> <p>responsibility</p> <p>sensitive</p> <p>courtesy</p> <p>care</p>	<p>1. Discuss why it is important to compromise in life.Ask children did they think of any more examples in marriage.</p> <p>2. Introduce the word care to the children. explain why it is important that we care for others and discuss ways in which we can achieve this. Read with children how Jesus cares for us a scripture reading (Isaiah 25:8-9) from the Come and See topic "Hope."</p> <p>3. Children to analyse a being sensitive sheet and fill in to think about the importance of caring for others.</p>
<p>5.WALT:know and become aware of the physical changes that accompany puberty</p>	<p>God</p> <p>Sensitivity</p> <p>Puberty</p> <p>Presence</p>	<p>Old Journey in Love slides 7-11 / Slides 20 -30 New JIL - Linked to science lessons (put heart in the corner of the science book when links to RSHE)</p>

<p>RSE LESSON 3</p>	<p>Celebrate External Internal Change Develop Ovulation</p>	<p>Discuss physical changes in boys and girls - allow opportunities for questions if the children wish to, or encourage writing down questions. Discuss how menstruation allows the woman to prepare to produce a baby.</p> <p>Plenary - Slide 16 - Prayer.</p>
<p>6.To show ways in which we should think of and look after others.</p> <p>PSHE LESSON 6</p>	<p>team teamwork citizen togetherness collaborative compromise respect consequences responsibility sensitive courtesy</p>	<p>Children create a class set of care cards - showing ways that each person will care for others. Remind children Jesus cares by drawing their attention to the Come and See scripture reading for the topic "Hope" - Isaiah 9:2-3 and 6-7. This will be based upon the previous 5 lessons. must go into books as a showcase piece.</p>